



HOUSTON IYENGAR YOGA S • T • U • D • I • O

SPRING STREET STUDIOS | 1824 Spring Street #207 | Houston, TX 77007 | www.houstoniyengaryogastudio.com

FREE INTRODUCTORY CLASSES

will be held in our studio the week of Sept 2–7, 2024

Monday, Sept 2	11:00am–12:30pm	50+	Constance
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Wednesday, Sept 4	11:00am–12:30pm	Level I	Constance
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Wednesday, Sept 4	6:00pm–7:30pm	Level I	Constance
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Please come 15 minutes early.

The front doors automatically lock at 6pm.

Saturday, Sept. 7	10:30am–noon	Level I	Jimena
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To register, email Constance: constancebraden@mac.com

Register for as many classes as you like.